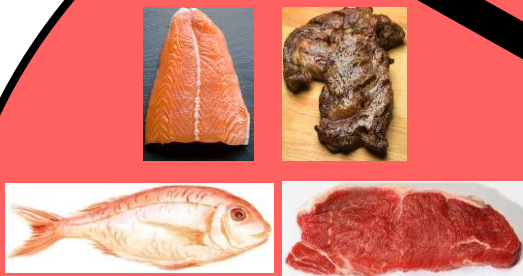
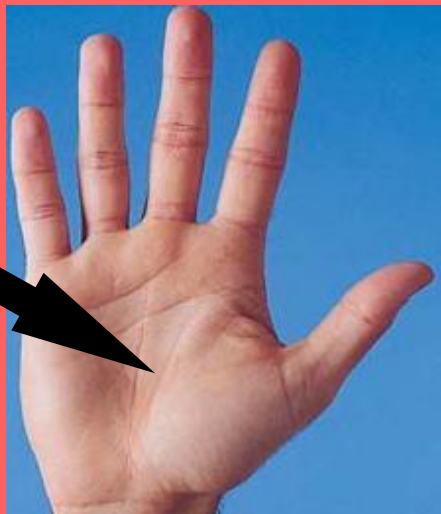
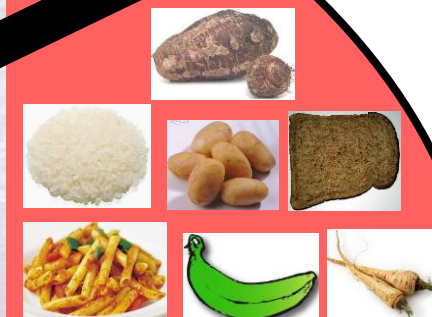


Healthy Eating Plate

Palm sized serving



Fist sized serving



Eat Most 1/2

